

discovery time

My Family

Parents and caregivers, extend Discovery Time into your home. Share these fingerplays and activities with young children. **The letter for this theme is F.**

My Family

This is the daddy who bakes the bread,
(Pretend to slide bread into oven)
This is the mother who tucks us in bed.
(Pull hands up to chin like a blanket)
This is the brother who cuddles the doll,
(Wrap arms around self and hug)
This is the sister who bounces the ball.
(Pretend to bounce a ball)
This is the baby, the last one of all.
(Rock arms like holding a baby)
Oh! How we love them all.
(Cross arms in front of chest like a heart)

Grandma's Glasses

Here are Grandma's glasses.
(Make little circles with fingers over eyes)
Here is Grandma's hat.
(Pretend to tie a bonnet underneath chin)
This is the way she folds her hands
And puts them in her lap.
(Fold hands on lap)

Here are Grandpa's glasses.
(Make big circles around eyes with fingers)
Here is Grandpa's hat.
(Make a big hat overhead with hands and arms)
This is the way he folds his arms
And sits like that.
(Fold arms and lean back in chair)

I Love Sister

(Tune: "Frere Jacques")
I love Sister, I love Sister.
Yes I do, yes I do.
And my sister loves me,
Yes, my sister loves me,
Loves me too, loves me too.
(Continue with Daddy, Brother, Mommy, Grandpa, Grandma, etc. Invite children to include names from their family)

Some Families

Some families are large.
(Spread arms out wide)
Some families are small.
(Bring arms close together)
But I love my family best of all!
(Hug self or caregiver)

With My Family

(Tune: "The Muffin Man")
Tell me what you like to do,
Like to do, like to do.
Tell me what you like to do
With your family.

Edward likes to rake the leaves,
Rake the leaves, rake the leaves.
Edward likes to rake the leaves
With his family.
(Continue with other family activities)



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Help your child get ready to read with these simple activities.

- **Talking:** Children love talking about themselves! Look through old family photos or albums and have your child find himself and talk about what he's doing in the pictures.
- **Singing:** Have Grandma or Grandpa make a recording of a favorite song or book to send to your child. Preschoolers are fascinated by the sound of familiar voices, and this provides a memorable connection through music.
- **Reading:** Choose a book to read aloud with your family during a long car trip.
- **Writing:** Help your child write (or draw, or scribble) notes for family members and hide them around the house. Have her "read" them back to you. Write what she says on the back.
- **Playing:** Playing house is a great opportunity to switch roles with your child. You be the baby and let him be the parent or grandparent.

family literacy tip

The Power of Music

By singing with your children, you're not just providing academic building blocks. You're also providing emotional ones. When you think of your mother, father, or favorite grandmother, does a song come to mind? Songs have a way of implanting themselves in our brains and planting us firmly in time, whether in early childhood or at that school dance where you had your first kiss.

"Sing Your Way to Reading Success." *Scholastic Parents*. 28 Nov. 2012.
www.scholastic.com/parents/books-and-reading/language-and-speech/sing-your-way-to-reading-success.html. Accessed 20 Sep. 2018.



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